

# Stroke Support Group

358 North Pleasant Street, Amherst, MA 01002

Second Saturday of every month, 10:30 am – 12:00 pm

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## Hello friends!

Big welcome to the new faces in our group this week! Thank you so much for joining us and we hope to see you again. This month's meeting was a wonderful mix of motivation, inspiration, and advice from our group members and caregivers! See you all next month!

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Sending get well soon wishes to **Steve**, who is currently recovering from a fractured elbow. Thoughts are also with **David** who will be undergoing an Ablation next month.



## Upcoming Events

### September 9

No Tech Talk

No SSG Meeting

### October 14

Tech Talk – 9:30 am

October SSG Meeting  
with Guest Speakers  
**Amy and Lisa** who will  
be talking about  
Occupational Therapy  
- 10:30 am

### November 11

Tech Talk – 9:30 am

November SSG  
Meeting – 10:30 am

## You're Invited to the POTLUCK BBQ!!!

Join us for an afternoon filled with food and fun!

**When:** Saturday, Sept. 9 @ Noon

**Where:** Jacquie and Polly's home,  
1141 South East Street  
Amherst, MA

Burgers and hotdogs will be provided. Please bring your favorite **side dish** or **dessert** to share!

**Parking Information:** Driveway space is limited and street parking isn't accessible. If you are able, please park at the nearby Commons or church.

*Keep an eye out for an email with more information and details coming your way!*



Congrats to Dave and Paula, who are expecting 8<sup>th</sup> grandchild this November!

Congrats to John as he is also expecting a new grandchild!

Excitement for Jeanie as her son is getting married next month!

Gerry's grandson is starting kindergarten this year!

## Disability Law Center, Inc.

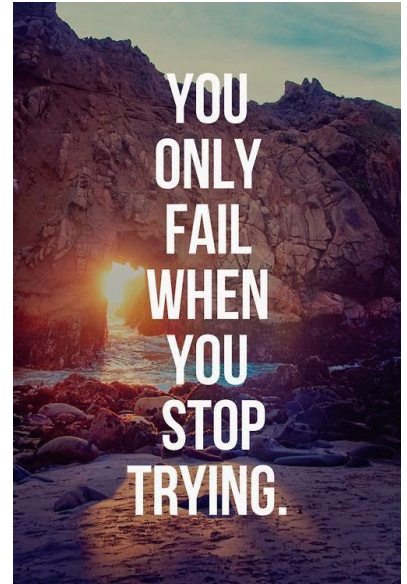
A non-profit organization responsible for providing protection and advocacy for the rights of MA residents with disabilities.

Contact Nancy Murphy

**Phone:** 800-872-9992 Ext. 202

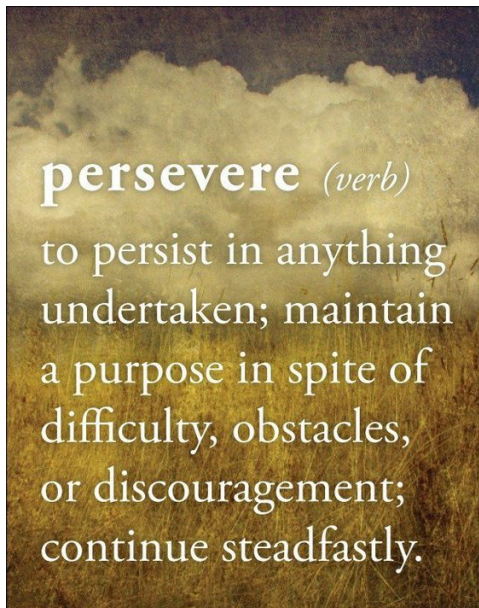
**Email:** nmurphy@dlc-ma.org

**Website:** www.dlc-ma.org



### **\*\*Special Shout Out\*\***

Thank you for the  
delicious  
Homemade Scones  
Jacquie!



### Advice for Future Therapists:

- Listen and get to know your patients
- Adapt to the current situation
- Your tone and demeanor is a model for caregivers
- Emphasize home carryover
- Understand the person you are working with
- Always be an advocate
- Allow the caregiver to be a part of the treatment session
- Find a connection
- It's important to develop a strong bond with the patient and the caregiver