# Stroke Support Group

358 North Pleasant Street, Amherst, MA 01002 Second Saturday of every month, 10:30 am – 12:00 pm

#### Hello friends!

Alongside words of encouragement and reading tips, this month we shared many funny stories and much laughter in our group. Keep smiling and see you next month!

Remember, next month we will hold our regularly scheduled meeting at 10:30. The BBQ will be in September.

#### Get well soon!

Sending our friends **Bev** and **Joe** special get well wishes!

We're all thinking of you!



Hooray for Cheyenne! Linda and Gerry's dog was named one of the Best in Show winners in a recent dog show!



#### **Upcoming Events**

# August 13

August SSG Meeting

\*\*\*Annual BBQ! \*\*\*

# **Date change!**

September 10, 2016



Starts 12:00 pm

Jacquie and Polly's Home

1141 South East Street

Amherst, MA 01002

Page 1 of 2

#### **Local Activities and Resources:**

### New Stroke Support Group in Greenfield, MA

Baystate Franklin Medical Center

Conference Room C

Tuesdays, 10:00 – 11:00 am

Contact: Diane Stephan at (413) 773-2641 or diane.stephan@baystatehealth.org

# **Northampton Vision Specialists**

Members of the group have had great experiences with **Dr. Theresa Ruggiero** for vision therapy and rehabilitation.

Northampton Vision Specialists 86 Masonic Street Northampton, MA 01060 413.586.500

Since everyone had a bear at the bird feeder story today.....





# Reading Again....

If your loved one is learning to read again, try the below tips from our members to help support them.

- Start small. It's okay to start with single words or even letters.
- Pair reading and listening with songs, audiobooks, and closed captioning.
- Use speech to text apps on your phone or iPad.