

Stroke Support Group

358 North Pleasant Street, Amherst, MA 01002

Second Saturday of every month, 10:30 am – 12:00 pm

Hello friends!

SSG convened in June for another wonderful session to share experiences and resources. In this month's newsletter, you will find information about a very beneficial OT group open to SSG members and a resource geared towards elderly living. This was another successful meeting. See you July 13th!

OT Summer Activity Group

Interested in free group OT sessions lead by Springfield College OT students? The group meets Fridays from 11:30am-1pm. The final three sessions take place on June 14th, 21st, and 28th.

For more information contact Kathy Post at kpost@springfieldcollege.edu

Upcoming Events

Summer 2019

Saturday, July 13

SSG Meeting –
10:30am

Saturday, Aug 10

SSG Meeting – 10:30
am



Greater Springfield ElderGuide

Bob and Mary shared an informative booklet with us geared towards elderly living. For those members who could not join us this month, we have included a link to download this booklet as a pdf file. [Click on this link to download.](#)

There is a lot of information to unpack in this guide. Please feel free to reach out to Anna Randall with your questions at Anna.Randall@gsssi.org.





HEALING HARMONIES CHOIR

DO YOU LIKE TO SING?

We are a singing group designed for individuals with diagnosed neurological conditions, particularly those experiencing communication problems due to voice, language, or speech disorders. Caregivers are also welcome to attend and participate.

WHEN:

Tuesdays at 6:00 - 7:30pm. ✶

ONLY TWO REHEARSALS LEFT!!!

June 18 and June 25

WHERE:

**** New Location!****
Northampton Center for the
Arts
33 Hawley Street
Northampton, MA 01060



CONTACT:

Please contact Lisa Sommers at
413-545-4010 for more information and to register for this group.