

# AbilityPLUS Adaptive Sports at Mount Snow Winter Programs Volunteer Opportunities Overview

AbilityPLUS Volunteers are the heart, soul and backbone of our organization. As a 501(c)(3) non-profit, we rely on our volunteers who dedicate their time out on the snow in winter, helping out in the office, and planning and facilitating special events and fundraisers all year long.

We have four volunteer commitment levels that may earn lift tickets, vouchers, season passes and food/retail discounts.

### Green Circle - <6 Days Volunteering

**Requirements:** 

- 14 years of age or older
- 1-5 full days volunteering (A full day is two full sessions, any combination morning and/or afternoon)
- Orientation; Lift Evacuation training every 2 seasons

### **Rewards:**

- Full day lift ticket on day of volunteering
- Earned lift ticket voucher per full day volunteering

### **Blue Square** – 6-20 Days volunteering

#### Requirements

- 14 years of age or older
- 6-20 days commitment volunteering
- Orientation; Minimum 4 training sessions; Lift Evacuation training every 2 seasons

### Rewards: All Green Circle, plus

- 50% Mount Snow food/beverage discount day of volunteering (for self only, and only while volunteering)
- Personal ski/snowboard skills and teaching training/adaptive clinics available throughout season
- PSIA/AASI Certification Reimbursement available for volunteers interested in certification

#### Black Diamond – 21-25 Days volunteering

#### **Requirements:**

- 16 years of age or older
- 21-25 day commitment volunteering
- Orientation, Minimum 4 training sessions, Lift Evacuation training completed every 2 seasons

#### **Rewards:**

- Volunteer Mount Snow Season Pass (First year volunteers); Nor'Easter Season Pass (Second season + volunteer)
- 50% Mount Snow Food/Beverage (only for self, and only while you are volunteering), 30% Retail Discount (some restrictions)
- Season long personal skills and teaching training/adaptive clinics available
- PSIA/AASI Certification reimbursement

### **Double Black Diamond -** >25 Days volunteer +

#### Requirements

- 16 years of age or older, ability to lead lesson and/or run training clinics
- >25 Days commitment volunteering; Extended hours and/or bridge programs
- 2<sup>nd</sup> season + volunteering with AbilityPLUS
- Orientation, Minimum 4 training sessions, Lift Evacuation training completed every 2 seasons

#### Rewards: All Black Diamond, plus

Nor'Easter Season Pass for one qualified dependent

#### AbilityPLUS lesson hours:

Standard Daily Lessons: 9:30-11:30am; 1:00-3:00pm Seasonal Program Extended Hours: 8:30-11:30; 12:30-3:00pm



# AbilityPLUS Volunteer Snowsports Instructor Position Descriptions

# All AbilityPLUS volunteer instructors are required to:

- Have their own ski/snowboard equipment
- Be able to ski/ride safely and confidently on all blue terrain

### In addition to the above, each position requires the following:

### Junior Volunteers:

### Age 15 and under

- Must attend orientation and lift evacuation, plus four training clinics
- Will be assigned as an assistant instructor and be with lead instructor on all lessons

### New Volunteer

### Age: 16 and up, first season volunteering with an adaptive sports program

- Must attend orientation and lift evacuation training, plus four training clinics
- Will be assigned as assistant instructor until skills and comfort level needed to become a lead instructor have been met, at the discretion of the Program Director

# **Returning Volunteer**

# Age: 16 and up, have been adaptive instructor for at least one prior season:

- Must have own ski/snowboard equipment
- Must attend orientation, and participate in lift evacuation training and required minimum training clinics every two years unless other arrangements have been made with Program Director
- May be assigned as either Lead or Assistant Instructor

# Instructor Trainer:

- Must be at least a level 8 skier (confident skier on all mountain terrain and conditions)
- Have at least 2 years experience with an adaptive ski program or hold PSIA Adaptive certification
- Completed required seasonal training and met all the requirements
- Ability to develop and lead clinics
- Must have expert knowledge of discipline being taught
- Must have the ability to communicate that knowledge to other instructors in a training module
- Demonstrate ability to act as a resource to instructors, and ability to mentor assistant instructors during lessons, when it is safe and appropriate to do so